November 2026

Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fall Back Day (Roll Back One Hour) 9:30 Morning Stretch 10:30 Domino/UNO w/Rick 1:15 Daily Chronicle/ Monthly Gazette 1:30 Scenic Drive 1:30 Animal & Nature Movie 3:30 Pampering Hour 7:00 Ice Cream Social	**2** Happy Birthday Susan H 9:30 Chair Exercise 10:00 Decorating For Veterans Day 1:30 Baking Dog Treats For Animal Society 3:30 Church Service w/Peggy 4:15 Seahawks Game 7:00 Ice Cream Social	**3** Election Day/ Out & About 9:30 Yoga 10:00 Catholic Communion (S/N) 11:00 One on One Activity 1:15 Drop Off HM Treats To The Animal Shelter 3:00 Happy Hour 3:30 Election Trivia 7:00 Ice Cream Social	**4** Live Music 9:30 Healthy Movements 10:30 Monthly Resident Council 1:15 Trivia / Hand and Back Massage 2:30 Live Music With Larry 3:15 Snacks on Wheels 4:00 Person Centered Activity 7:00 Ice Cream Social	**5** Live Music 9:30 Body In Motion 10:30 Board Games/ Memory Box Reminiscing 1:30 Story Corner 2:30 Live Music with Mark 3:00 Snacks On Wheels 4:00 Memory Games 7:00 Ice Cream Social	**6** 9:30 Chair Exercise 10:30 Animal Safari (S)/ Guess The Tune (N) 1:30 Cards Games 2:30 Happy Hat Hour 3:15 November IQ Trivia 4:00 1:1 Activity 7:00 Ice Cream Social	**7** 9:30 Dance To The Music 10:15 (N)Must See Places Of The World 10:30 Sing Fit (S) 1:30 (S)Story Corner With Stephanie 2:15 Bingo Parlor (N) 4:00 Puzzles Of All Kind ind. 7:00 Ice Cream Social
8 9:30 Exercise With Music 10:30 Karaoke / Sing Along 12:15 Seahawks Football Game 1:30 Fancy Nails & Relaxation 3:15 Bingo 3:30 Snacks on Wheels 7:00 Ice Cream Social	**9** 9:30 Morning Exercise 10:30 Turkey Feather Craft 1:30 Kickball /Word Game 3:00 Refreshments 3:30 Church Service w/Peggy 3:45 Sing Fit Sing Along (S) 7:00 Ice Cream Social	**10** Happy Birthday Robert M. 9:30 Chair Yoga / Balloon Volleyball 10:00 Catholic Communion (S/N) 11:00 One on One Activity 1:30 Harvest Picture Day 3:15 Refreshments 4:00 Flower Power 7:00 Ice Cream Social	**11** Veterans Day/Live Music 9:30 Balloon Volleyball (S) 9:30 Chef's Corner 10:30 Patriotic Music Sing Along 1:00 Puzzles Of All Kinds 2:30 Live Music w/ Ron 4:00 Person Centered Activity 7:00 Ice Cream Social	**12** Live Music 9:30 Easy Yoga Movement 10:00 Christian Choir, LIVE 3:00 Snacks On Wheels 3:30 Tim The Ukulele Player , LIVE 4:00 Memory Games 7:00 Ice Cream Social	**13** 9:30 Dance To The Music 10:15 Daily Chronicle 10:30 Story Corner (S) 1:30 Basketball Hoop / Darts 2:00 Afternoon Classic Movie Hour (N) 3:15 Sing Fit (N/S) 4:00 1:1 Activity 7:00 Ice Cream Social	**14** Happy Birthday Laura 9:30 Dance To The Music 10:15 (N)America Got Talent Show 10:30 Sing Fit (S) 1:30 Story Corner With Stephanie 3:00 (S)Manicure/ Hand Massage 7:00 Ice Cream Social
15 9:30 Yoga 10:30 Domino/UNO w/Rick 12:00 Seahawks Game 1:30 Scenic Drive 3:15 Snacks on Wheels 3:30 Pampering Hour(S)/Room Visits (N) 7:00 Ice Cream Social	**16** Out & About 9:30 Chair Exercise 10:45 Adventure Trip 1:30 Coloring ,Sorting, Folding Ind. 3:00 Guess In 10 (N) 3:30 Church Service w/Peggy 3:45 Sing Fit Sing Along (S) 7:00 Ice Cream Social	**17** 9:30 Seated Tai chi 10:00 Catholic Communion (S/N) 11:00 One on One Activity 1:30 The Power Of Art 3:00 Charades 3:15 Refreshments 7:00 Ice Cream Social	**18** Veterans Celebration 9:30 Dance Moves 10:00 Sentimental Reflections: Patriotic Music 2:30 Honoring Our Veterans 4:00 Person Centered Activity 7:00 Ice Cream Social	**19** Thanksgiving Lunch 9:30 Exercise with Music 10:30 Baking Cupcakes 12:00 Turkey Feast 1:30 Afternoon Classic Movie Hour 3:00 Snacks On Wheels 4:00 Memory Games 7:00 Ice Cream Social	**20** Happy Birthday Cecelia 9:30 Balloon Volleyball (S)/(N) Chair Yoga 10:15 Daily Chronicle 1:30 Famous People/ Reminiscing 3:15 Sing Fit (N/S) 4:00 1:1 Activity 7:00 Ice Cream Social 10:45 Farrelli Pizza Lunch Bunch	**21** 9:30 Dance To The Music 10:15 (N)America Got Talent Show 10:30 Sing Fit (S) 1:30 Story Corner With Stephanie 2:00 Movie Madness (N) 4:00 Manicure/ Hand Massage 7:00 Ice Cream Social
22 9:30 Balloon Volleyball 10:30 Spiritual Program 1:15 America Got Talent Show 1:30 Scenic Drive 3:15 Snacks on Wheels 3:30 Pampering Hour 7:00 Ice Cream Social	**23** 9:30 Stretching Exercise 10:30 Leaf Craft 1:45 Story Telling Club 3:15 Refreshments 3:30 Church Service w/Peggy 3:45 Sing Fit Sing Along (S) 7:00 Ice Cream Social	**24** Live Music 9:30 Exercise With Music 10:00 Catholic Communion (S/N) 11:00 One on One Activity 2:30 Jazz Music with Henry & Tim 3:00 Refreshments 4:00 Guess The Tune 7:00 Ice Cream Social	**25** Happy Birthday Peggy 9:30 Gentle Stretch 10:30 Aqua/Watercolor Painting 2:30 Monthly Birthday Celebration with Bart 3:15 Refreshments 4:00 Person Centered Activity 7:00 Ice Cream Social	**26** Happy Birthday Virginia, Shirley B. 9:30 Balloon Volleyball 10:00 Christian Choir, LIVE 10:30 (S) Memory Box, Reminiscing 3:00 Snacks On Wheels 4:00 Memory Games 7:00 Ice Cream Social	**27** 9:30 Gentle Stretch 10:30 Floor Games 1:30 Ring Toss/Golf 3:15 Refreshment 3:15 Sing Fit (N/S) 4:00 1:1 Activity 7:00 Ice Cream Social	**28** 9:30 Dance To The Music 10:15 (N)America Got Talent Show 10:30 Sing Fit (S) 1:30 Story Corner With Stephanie 2:30 Bingo Parlor 4:00 Manicure/ Hand Massage 7:00 Ice Cream Social
29 9:30 Move To The Music 10:30 Floor Games 12:15 Seahawks Game 2:00 Scenic Drive 3:15 Snacks on Wheels 3:30 Pampering Hour (S) 7:00 Ice Cream Social	**30** Happy Birthday Frances S 9:30 Move To The Music 10:30 Pinecone Craft 1:30 Flower Power 3:30 Church Service w/Peggy 3:45 Sing Fit Sing Along (S) 7:00 Ice Cream Social					