

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>"No one has ever become poor from giving." — Maya Angelou</p>	<p><b>Resident Birthdays</b></p> <p>Susan H. 11/2 Elvelyn P. 11/3 Junko F. 11/6 Robert "Bob" M. 11/10 Laura T. 11/14 Cecelia "Celia" F. 11/20 Linda S. 11/22</p>	<p><b>National Cinnamon Day 1</b></p> <p>9:30 Exercise Class (N) 10:00 Balloon Volleyball (S) 10:30 <b>Baking Corner "Cinnamon Cupcakes"</b> 1:45 <b>Croquet (N)/Circus Games (S)</b> 3:15 Refreshments On Wheels 3:30 Pampering Hour 7:00 <b>Ice Cream Social</b></p>	<p><b>Happy Birthday Susan H. 2</b></p> <p>9:30 Exercise (N) 10:00 <b>Dance To The Music (S)</b> 10:45 <b>Bingo (N) / Sing Fit (S)</b> 1:30 Table Games (S) 2:00 <b>Movie Matinee With Popcorn</b> 3:00 <b>Balloon Volleyball (S)</b> 3:15 Refreshments On Wheels 4:00 Password (N) / Memory Boxes (S) 7:00 <b>Ice Cream Social</b></p>	
<p><b>Fall Back Day (Roll Back One Hour) 3</b> <b>Happy Birthday Evelyn P. Out And About</b> 9:30 Morning Stretch (N) 10:00 Healthy Movements (S) 10:45 Church Program / Hymns 1:30 <b>Scenic Drive Trip</b> 1:45 Must See Places Of The World 3:15 Refreshments On Wheels 3:30 <b>Card Games (N) / Beauty Hour (S)</b> 6:00 <b>Church Service With Kim (S) Music Concert (N)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Church Service With Peggy (ND) 4</b> 9:30 Morning Exercise 10:00 Balloon Volleyball (S) 10:30 <b>Baking Class: Autumn Cookies</b> 1:30 Bowling 3:15 Refreshments On Wheels 3:15 <b>Sing Fit (S) / Trivia (N)</b> 4:00 <b>Church Service With Peggy (ND)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Catholic Communion Election Day 5</b> 9:30 Body in Motion (N) 10:00 Balloon Volleyball (S) 10:00 <b>Catholic Communion (N) and 10:30 am South Side</b> 1:30 <b>Election Day Trivia</b> 1:45 Decorating for Veterans Day 2:30 Music Concert 3:15 Refreshments On Wheels 4:00 Trivia / Memory Games 7:00 <b>Ice Cream Social</b></p>	<p><b>Happy Birthday Junko Veterans Celebration 6</b> 9:30 Balloon Volleyball (N) 9:45 Decorating For Event 10:00 Stretch Movements (S) 11:00 <b>Daily Chronicle/Monthly Gazette</b> 1:15 <b>Sentimental Reflections: America's Heritage In Story, Scenery &amp; Songs</b> 2:15 Jig-Saw Puzzle / Sorting and Pairing (S) 3:00 <b>Veterans Day Celebration</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Live Entertainment 7</b> 9:30 Dance to The Music (N) 10:00 Stretching Moves (S) 10:30 <b>Piano Classic Melodies With Judy (LIVE) (S)</b> 10:45 Card Games (N) 1:30 Kick Ball/Ping Pong 3:30 <b>Tim The Entertainer (N)/ Reading Corner (S)</b> 4:00 <b>Flower Power Community (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise Class (N) 10:00 Balloon Volleyball (S) 10:45 <b>Pampering Hour</b> 1:30 <b>Watercolor /Aqua Painting</b> 3:00 <b>Sing Fit (S) Sing Along (N)</b> 3:15 Refreshments On Wheels 4:00 <b>November IQ (N)Tactile Sensory Class (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise (N) 10:00 <b>Dance To The Music (S)</b> 10:30 Sing Fit (S) / AGT :The Golden Buzzer (N) 1:15 Daily Chronicle , Monthly Garzette 2:00 <b>Movie Matinee With Popcorn</b> 3:00 <b>Balloon Volleyball (S)</b> 3:15 Refreshments On Wheels 4:00 Jig Saw Puzzle Ind. (N) / Reading Corner (S) 7:00 <b>Ice Cream Social</b></p>
<p><b>Out And About Robert M. 10</b> 9:30 Morning Stretch (N) 10:00 Healthy Movements (S) 10:45 Church Program / Hymns 1:30 <b>Scenic Drive Trip</b> 1:45 Passport to Adventure 3:15 Refreshments On Wheels 3:30 <b>Back &amp; Hand Massages (N) / Beauty Hour (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Church Service With Peggy (ND) Veterans Day 11</b> 9:30 Morning Exercise 10:00 Balloon Volleyball (S) 10:45 <b>Patriotic Music Sing Along</b> 1:15 BINGO PARLOR 2:30 <b>Veteran's Day Happy Hour</b> 3:30 Poems Reading , Stars And Stripes 4:00 <b>Church Service With Peggy (ND)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Catholic Communion Out And About 12</b> 9:30 Body in Motion (N) 10:00 Balloon Volleyball (S) 10:00 <b>Catholic Communion (N) and 10:30 am South Side</b> 11:30 <b>Lunch Bunch Trip (Farelli's Pizza)</b> 1:30 Music &amp; Relaxation (Ind.) 2:15 Jig-Saw Puzzle / Sorting and Pairing (S) 3:15 Refreshments On Wheels 4:00 Trivia / Memory Games 7:00 <b>Ice Cream Social</b></p>	<p><b>Chicken Soup For The Soul Day Live Entertainment 13</b> 9:30 Balloon Volleyball (N) 10:00 Stretch Movements (S) 11:00 DartGame (N)/ Story Time (S) 1:15 <b>Reading Circle " Chicken Soup For The Soul"</b> 2:00 <b>Sing Along Memories With Ron (Live Music)(N)</b> 4:00 Happy Feet Parade (N) Sing Along (S) 7:00 <b>Ice Cream Social</b></p>	<p><b>Happy Birthday Laura T. Live Entertainment 14</b> 9:30 Dance to The Music (N) 10:00 Stretching Moves (S) 10:45 <b>BINGO PARLOR</b> 1:30 Manicure &amp; Hand Massages 3:00 <b>Live Music With Guitarist Matt Reading Corner (S)</b> 3:15 Sing Fit (S) 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise Class (N) 10:00 Balloon Volleyball (S) 10:45 <b>Pampering Hour</b> 1:30 <b>Watercolor /Aqua Painting</b> 3:00 <b>Croquet (N)/Circus Games (S)</b> 3:15 Refreshments On Wheels 4:00 <b>November IQ (N)Tactile Sensory Class (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Button Day 16</b> 9:30 Exercise (N) 10:00 <b>Dance To The Music (S)</b> 10:45 <b>Sing Fit (S) AGT Golden Buzzer (N)</b> 2:00 <b>Movie Matinee With Popcorn</b> 3:00 <b>Balloon Volleyball (S)</b> 3:15 Refreshments On Wheels 4:00 Reading Corner (S)/ Puzzles Of All Kinds 7:00 <b>Ice Cream Social</b></p>
<p><b>Out And About 17</b> 9:30 Morning Stretch (N) 10:00 Healthy Movements (S) 10:45 Church Program / Hymns 1:30 <b>Scenic Drive Trip</b> 1:45 Must See Places Of The World 3:15 Refreshments On Wheels 3:30 <b>Manicure And Hand Massages(N) / Beauty Hour (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Church Service With Peggy (ND) Out And About 18</b> 9:30 Morning Exercise 10:00 Balloon Volleyball (S) 10:30 <b>Baking Class: Banana Nut Muffin</b> 1:30 Chehalis Western Trail Walk 3:00 Refreshments On Wheels 3:15 <b>Sing Fit (S) /Trivia (N)</b> 4:00 <b>Church Service With Peggy (ND)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Catholic Communion 19</b> 9:30 Body in Motion (N) 10:00 Balloon Volleyball (S) 10:00 <b>Catholic Communion (N) and 10:30 am South Side</b> 11:00 Board Games 1:30 Pool Table &amp; Air Hockey Tournament (N) Painting (S) 3:00 <b>Button Art (N) / Basketball Shootout (S)</b> 3:15 Refreshments On Wheels 4:00 Trivia / Memory Games 7:00 <b>Ice Cream Social</b></p>	<p><b>Happy Birthday Cecelia &amp; Janice Out And About 20</b> 9:30 Balloon Volleyball (N) 10:00 Stretch Movements (S) 10:45 Horse Racing Game (N)/ Memory Boxes (S) 1:30 <b>McChord AFB Museum</b> 1:45 National Parks 2:15 Jig-Saw Puzzle / Sorting and Pairing (S) 3:15 <b>Refreshments On Wheels</b> 4:00 Hand massage and Back Rub 7:00 <b>Ice Cream Social</b></p>	<p><b>Live Entertainment (N) Thanksgiving Luncheon 21</b> 9:30 Dance to The Music (N) 10:00 Stretching Moves (S) 10:30 Flower Arrangement 12:00 <b>Thanksgiving Luncheon</b> 1:45 Thanksgiving True Or False Trivia 3:30 <b>Live Entertainment With Tim</b> 4:00 <b>Flower Power Community (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise Class (N) 10:00 Balloon Volleyball (S) 10:45 <b>Pampering Hour</b> 1:30 <b>Acrylic /Aqua Painting</b> 2:00 Jig-Saw Puzzle / Adult Coloring 3:00 Yathzee Club (N) / Sing Fit (S) 3:15 Refreshments On Wheels 4:00 <b>November IQ (N)Tactile Sensory Class (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise (N) 10:00 <b>Dance To The Music (S)</b> 10:30 Sing Fit (S) / Yahzee Club (N) 1:30 Table Games (S) 2:00 <b>Movie Matinee With Popcorn</b> 3:00 <b>Balloon Volleyball (S)</b> 3:15 Refreshments On Wheels 4:00 Game Time (S)/ Password(N) 7:00 <b>Ice Cream Social</b></p>
<p><b>Live Entertainment 24</b> 9:30 Morning Stretch (N) 10:00 Healthy Movements (S) 10:45 Church Program / Hymns 2:00 <b>Melody In Motion (Live Performance)</b> 3:15 Refreshments On Wheels 3:45 <b>Back &amp; Hand Massages (N) / Beauty Hour (S)</b> 6:00 <b>Yahzee (N) Music Concert (S)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Church Service With Peggy (ND) Out And About 25</b> 9:30 Morning Exercise 10:00 Balloon Volleyball (S) 10:30 <b>Sip and Paint/ Aqua Painting</b> 1:15 Animal Kingdom 1:30 Scenic Drive Trip 3:15 Refreshments On Wheels 3:30 <b>Sing Fit (S) /Trivia (N)</b> 4:00 <b>Church Service With Peggy (ND)</b> 7:00 <b>Ice Cream Social</b></p>	<p><b>Catholic Communion 26</b> 9:30 Body in Motion (N) 10:00 Balloon Volleyball (S) 10:00 <b>Catholic Communion (N) and 10:30 am South Side</b> 10:30 <b>Inspire Your Heart With Art</b> 1:45 Baking Dog Treats For Animal Society 3:15 Refreshments On Wheels 3:45 Memory/ Board Games 7:00 <b>Ice Cream Social</b></p>	<p><b>Monthly Birthday Celebration 27</b> 9:30 Balloon Volleyball (N) 10:00 Stretch Movements (S) 10:30 Crafty Corner 2:00 <b>Birthday Celebration With Bart (Live Music)</b> 2:30 Manicure &amp; Hand Massages (S) 3:00 Refreshments On Wheels 4:00 Guess TheTune 4:00 Hand massage and Back Rub 7:00 <b>Ice Cream Social</b></p>	<p><b>Happy Birthday Linda S. Thanksgiving Day 28</b> 9:30 Dance to The Music (N) 10:00 Stretching Moves (S) 10:30 <b>Harvest Picture Day</b> 2:30 <b>Thanksgiving Happy Hour</b> 3:00 Thanksgiving Jokes 4:00 Thanksgiving Stories 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise Class (N) 10:00 Balloon Volleyball (S) 10:30 Christmas Decorations 1:30 <b>Watercolor /Aqua Painting</b> 3:15 Refreshments On Wheels 3:30 <b>Croquet (N)/Circus Games (S)</b> 4:00 <b>Puzzles Of All Kinds</b> 7:00 <b>Ice Cream Social</b></p>	<p>9:30 Exercise (N) 10:00 <b>Dance To The Music (S)</b> 10:45 <b>Decorating For The Holidays</b> 1:45 <b>Ball Games (S)</b> 2:00 <b>Movie Matinee With Popcorn</b> 3:00 <b>Balloon Volleyball (S)</b> 3:15 Refreshments On Wheels 4:00 Password (N) / Memory Boxes (S) 7:00 <b>Ice Cream Social</b></p>